

BACK IN THE NEST

Tips for Parents of Adult Kids



Join therapist Carol Ambrose LCPC
for a practical workshop on parenting adult kids
who want to live at home.

Get tips about:

- Whether or not adult kids should live with parents.
- How to set timelines, ground rules and expectations.
- What to do with challenges-- perhaps unforeseen.

Carol Ambrose offers 30+ years of experience using a practical, compassionate approach. She combines a traditional Catholic world view with sound therapeutic tools.

In Maryland, licensed as an LCPC, Carol has helped individuals and families in various Maryland locations. Currently, her main office is in Hancock Maryland.

In Virginia, licensed as an LPC , Carol offers a variety of speaking and consulting services.

Carol is a member of the network
www.catholictherapists.com.

Contact her at
Carol149149@gmail.com,
www.carolambrose.com,
and telephone
301. 667. 6327.